

# JOB SHADOW PROGRAM

## WHAT IS A JOB SHADOW?

A job shadow is an opportunity for a student to spend a day or a few hours with a professional working in the student's **career interest**. The student can experience first-hand what the job entails.

## WHY CAN A JOB SHADOW BE HELPFUL?

A job shadow experience may:

- Inform you about the skills, education, and training required for specific occupations
- Provide you with career information unavailable in the classroom
- Present up-to-date facts about an occupation

## WHAT CAN YOU GET OUT OF A JOB SHADOW?

Job shadowing offers a chance to see what it's actually like working in a specific job. Not only does the student get to observe the day-to-day activities of someone in the current workforce, they also get a chance to have their questions answered.

## INTERESTED IN A JOB SHADOW?

Juniors and seniors can apply for a job shadow by stopping by the Career Center to fill out an application. **Career Center**